

The Survivor's Edit

Questions For My Doctor

For your first appointment after a cancer diagnosis

Appointment date: _____

Doctor: _____

Diagnosis: _____

What is the complete name, type, and subtype of my cancer? _____

What stage is it, and what does that stage mean for me? _____

Do I need additional tests, scans, or biopsies before we make a treatment plan? _____

What treatment do you recommend, and why are you recommending it? _____

How soon do I need to begin treatment? Is there time to seek a second opinion? _____

What side effects should I expect during treatment? Could there be any long-term effects? _____

Could treatment affect my fertility, hormones, or sexual health? _____

Who should I contact when I have questions or experience symptoms between appointments? _____

Other questions

1. _____

2. _____

3. _____

Before I Leave

☐ I understand what happens next.

☐ I know who to contact with questions.

☐ I scheduled or received instructions for my next appointment.

Next Appointment Date: _____

This worksheet is intended to help you prepare for medical appointments and is not a substitute for medical advice, diagnosis, or treatment

© 2026 Weslea O'Connor. The Survivor's Edit. All rights reserved. For personal use only.